

**RELEASE OF LIABILITY**

**READ CAREFULLY – THIS AFFECTS YOUR LEGAL RIGHTS**

In exchange for participation in the activity of Lifeguard Training organized by Florida Heartsaver (“FHS”), of POBox 358341, Gainesville, Florida, 32635 and/or use of the property, facilities and services of FHS, I agree for myself to the following:

1. I agree to observe and obey all posted rules and warnings, and further agree to follow any oral instructions or directions given by FHS, or the employees, representatives or agents of FHS.
2. I recognize that there are certain inherent risks associated with the above described activity and I assume full responsibility for personal injury to myself and further release and discharge FHS for injury, loss or damage arising out of my use of or presence upon the facilities of FHS, whether caused by the fault of myself, FHS or other third parties.
3. I agree to indemnify and defend FHS against all claims, causes or action, damages, judgments, costs or expenses, including attorney fees and other litigation costs, which may in any way arise from my use or presence upon the facilities of FHS.
4. I agree to pay for all damages to the facilities of FHS caused by my negligent, reckless, or willful actions.
5. Any legal or equitable claim that may arise from participation in the above shall be resolved under Florida Law.

**I HAVE READ THIS DOCUMENT AND UNDERSTAND IT. I FURTHER UNDERSTAND THAT BY SIGNING THIS RELEASE, I VOLUNTARILY SURRENDER CERTAIN LEGAL RIGHTS**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

In case of an emergency, please call \_\_\_\_\_ (Relationship : \_\_\_\_\_)

At \_\_\_\_\_ (circle one – Cell / Home / Office) Ext. \_\_\_\_\_